



Executive Summary

Issue Title: Division of Aging & Long-Term Care: 2024-2027 Area Plan Public Hearing

Meeting Date: September 11, 2023

Time Required: 10 minutes

Attendees: Stacey Smith, Administrator, Division of Aging & Long-Term Care
Tawnya Weintraub, Planner, Division of Aging & Long-Term Care

Action Requested At This Meeting: Department of Social and Health Services (DSHS) Aging and Long-Term Support Administration (AL TSA) requires Area Agencies on Aging to submit a 4-year Area Plan. The Area Plan process must include an opportunity for the public to provide feedback.

During the Public Hearing staff will provide a brief overview of the Area Plan, key findings from the 2023 Community Survey and program goals for the next four years.

Requested action is to conduct Public Hearing and solicit community feedback.

Issue: The 2024-2027 Area Plan was presented to the BOCC Workstudy on August 16th for input and direction prior to the public hearing scheduled for September 11th.

Feedback from the public hearing, as well as comments from website posting, will be incorporated into the final Area Plan document. The draft Area Plan has been posted to the Aging website for review and comment from August 14 through September 15.

The final 2024-2027 Area Plan document will be presented to BOCC for approval and signature on September 25th. The Area Plan will be submitted to the Department of Social and Health Services Aging and Long-Term Support Administration by October 6, 2023.

Aging & Long-Term Care staff will be available to answer questions.

Background: Congress passed the Older Americans Act (OAA) in 1965 in response to concern by policymakers about a lack of community social services for older persons. The original legislation established authority for grants to States for community planning and social services, research and development projects, and personnel training in the field of aging.

In Washington State, local Area Agencies on Aging (AAA) were established in 1973. The Division of Aging and Long-Term Care was established as the designated AAA for Kitsap County in 1982.

Recommendation: Staff will provide an overview of the Area Plan and request comments through the BOCC Public Hearing process.

Follow-up Notes & Outcomes:

Attachments: Aging Area Plan Public Hearing, 9.11.2023 (pdf).

2024-2027 Area Plan



Kitsap County Aging and Long-Term Care

2023: New plan development



What is an Area Plan?



- The 1965 Older American's Act was amended in 1973. All states established Area Agency on Aging (AAA) planning regions designated to develop and implement local services for older persons.
- Funding for local services is tied to developing and submitting an Area Plan to the state every 4 years, with updates every 2 years, for review and approval.
- **The Area Plan addresses how the AAA will administer programs and allocate Older Americans Act discretionary funding.**

Area Plan Development and Structure

- **Section A: Introduction to the Agency, our Planning Process and Priorities**
- **Section B: Service Area Profile, Local Focal Points**
- **Section C: Issue Areas/Themes**
- **Section D: Budget**

Area Plan Themes

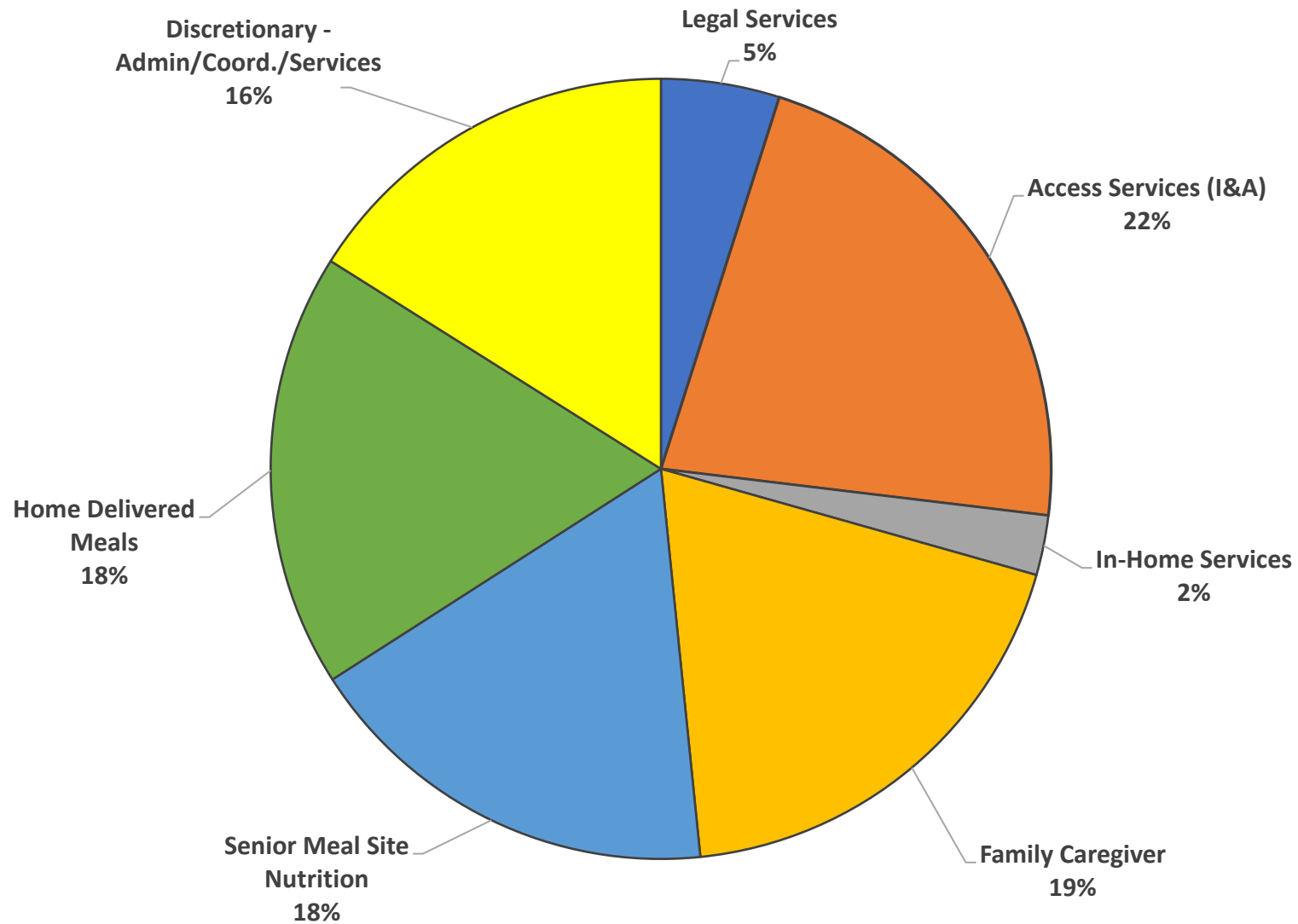
Trends and programs that impact Seniors in the next four years

Related to:

- **Healthy Aging**
- ***Service options that support independence, choice, and informal/family caregivers***
- ***Person-centered, community-based services-Providing Systems Coordination, Information and Access***
- **7.01 Tribal Partnerships**
- **COVID 19 Response Services and Supports**



Required OAA Programs vs Discretionary



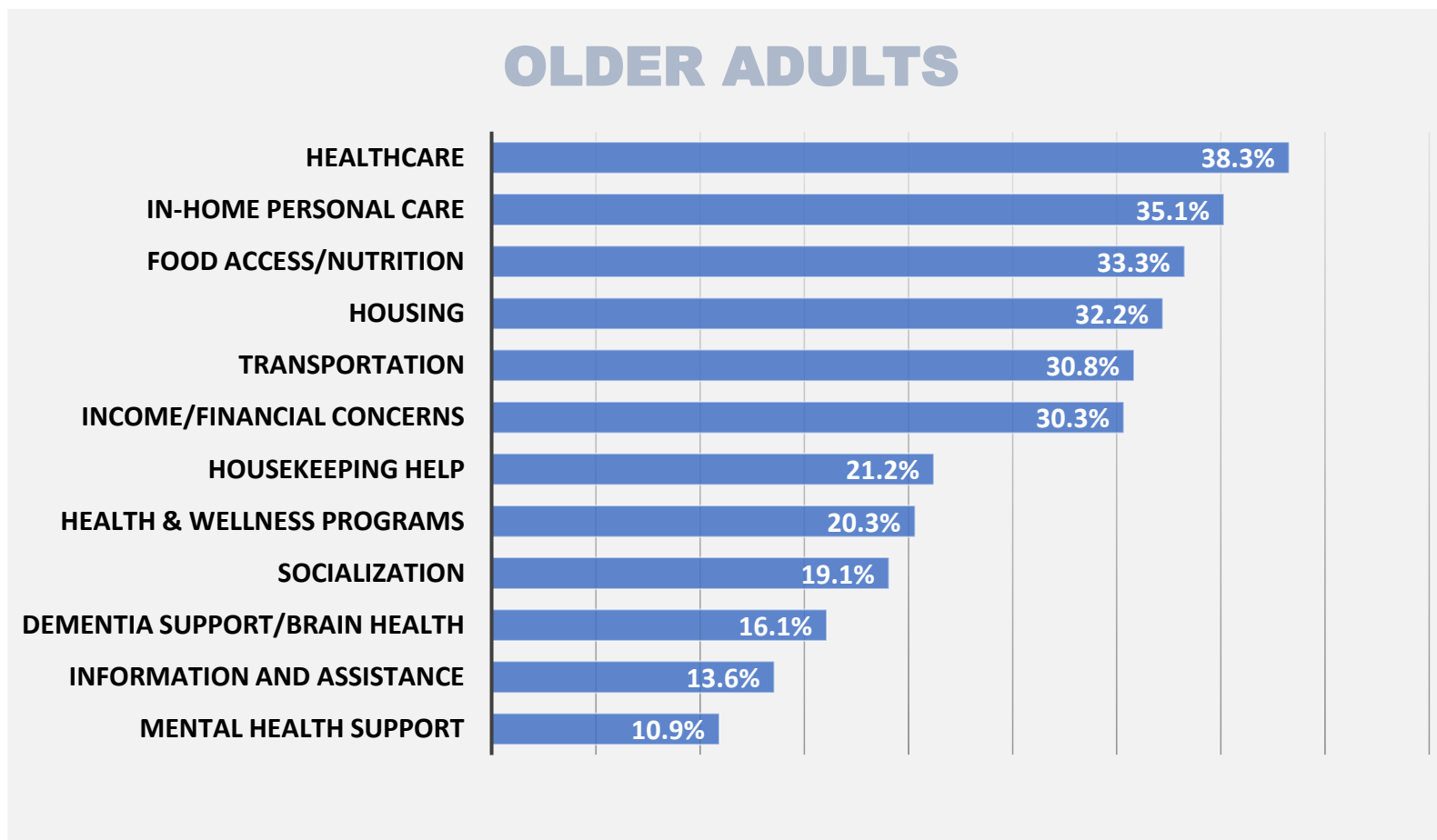
Considerations:
Balancing Older Americans Act requirements, local community priorities, and funding existing service needs.

2023 Survey Results



What we're hearing from our community...

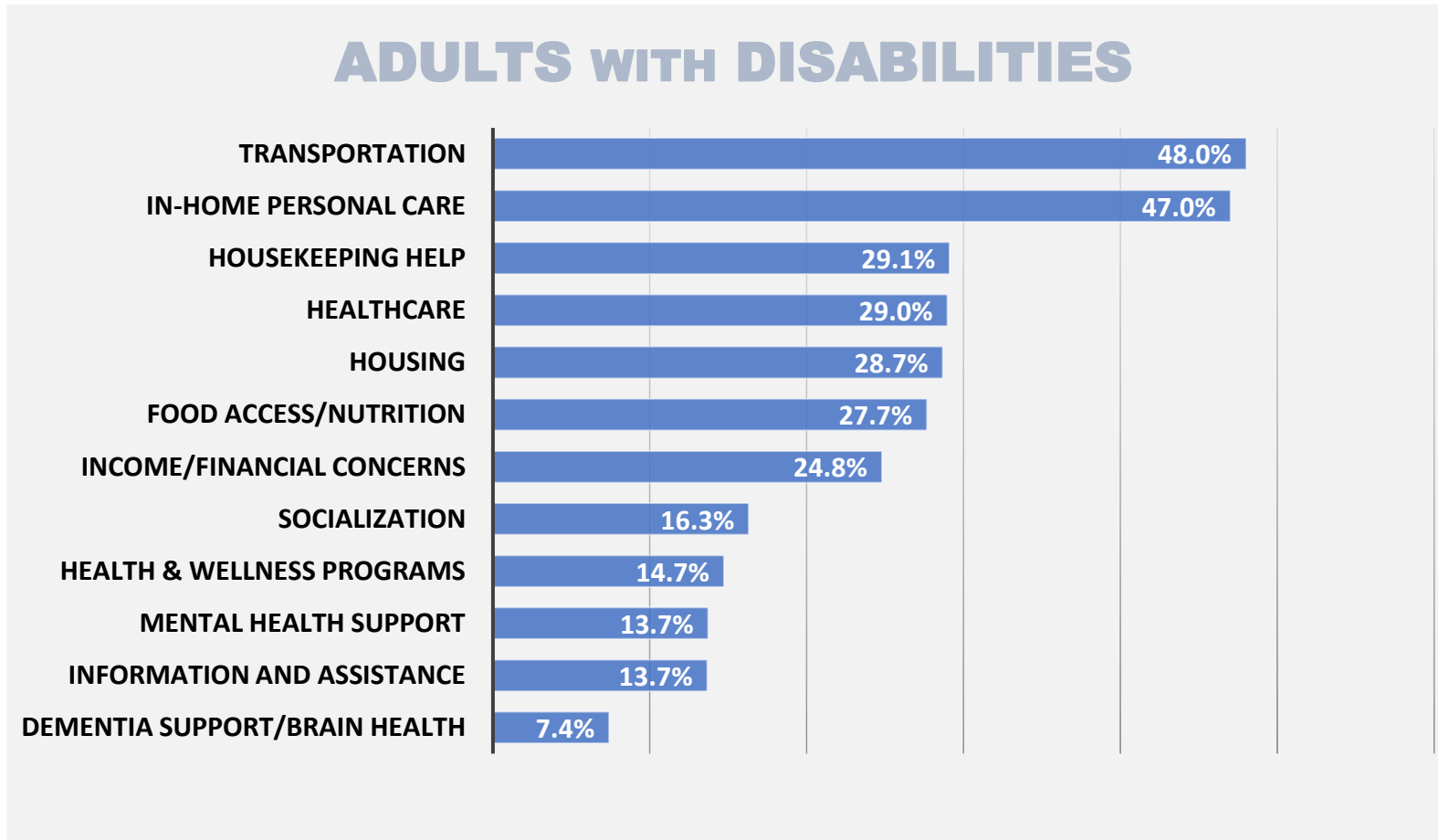
Identified needs for older adults



Top Three:

- Healthcare
- In-Home Personal Care
- Food Access/Nutrition

Identified needs for Adults with disabilities

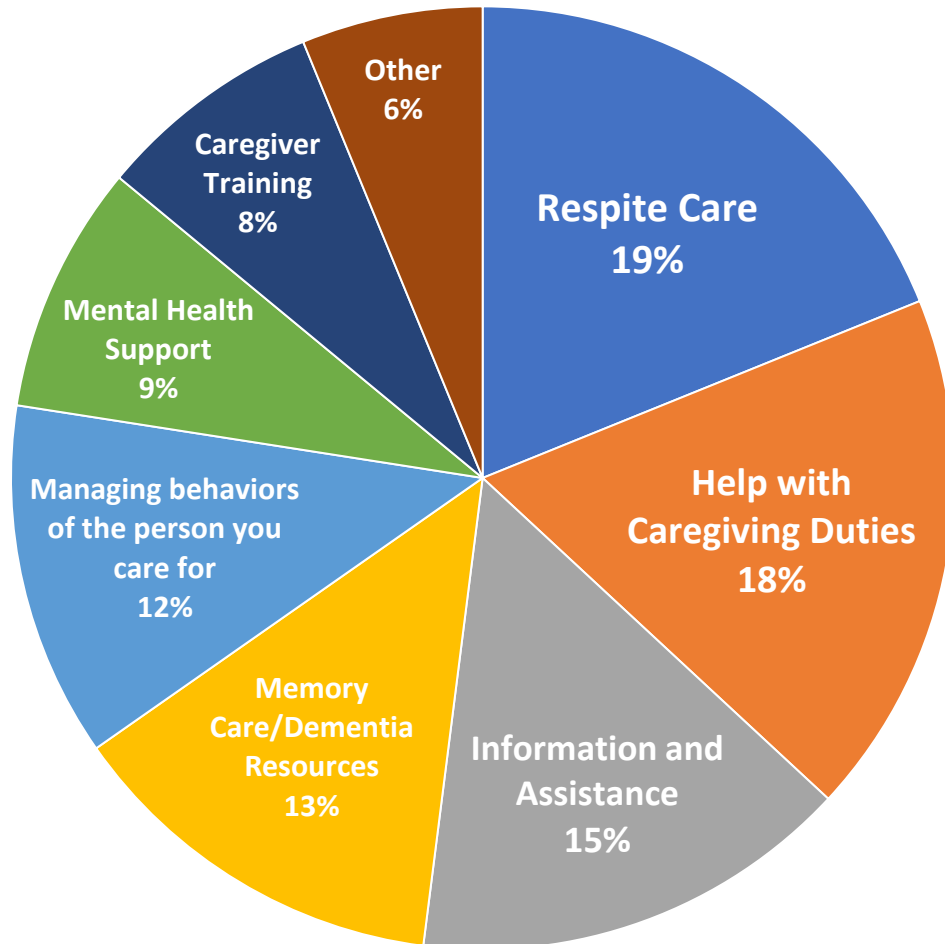


Top Three:

- Transportation
- In-Home Personal Care
- Housekeeping Help

Family Caregivers

Identified Needs



- **29%** of respondents identified as caregivers for an adult family member, friend or neighbor.
- Caregivers indicated their **priority needs** were **respite care, help with caregiving duties, and Information and Assistance**, followed closely by **memory care/dementia resources and managing behaviors of the person they care for.**

Services and barriers to access

- Services identified as “currently used” were housekeeping, transportation and in-home personal care. These were closely followed by exercise, senior and community centers and caregiver support.



- 50% answered they had no challenges accessing their community without a car. For those that did, poor or no sidewalks was the largest barrier to community access, followed by “few amenities near my home”, physical ability, no public transportation and personal safety.



Wellness and community engagement

- 52% participate in exercise or wellness programs, 33% volunteer.
- 35% participate in social, cultural, or religious activities in the community.



- Top 3 housing problems: need for minor home repair, property taxes, and housekeeping help.

Housing affordability was next, followed by yardwork.

Public Hearing

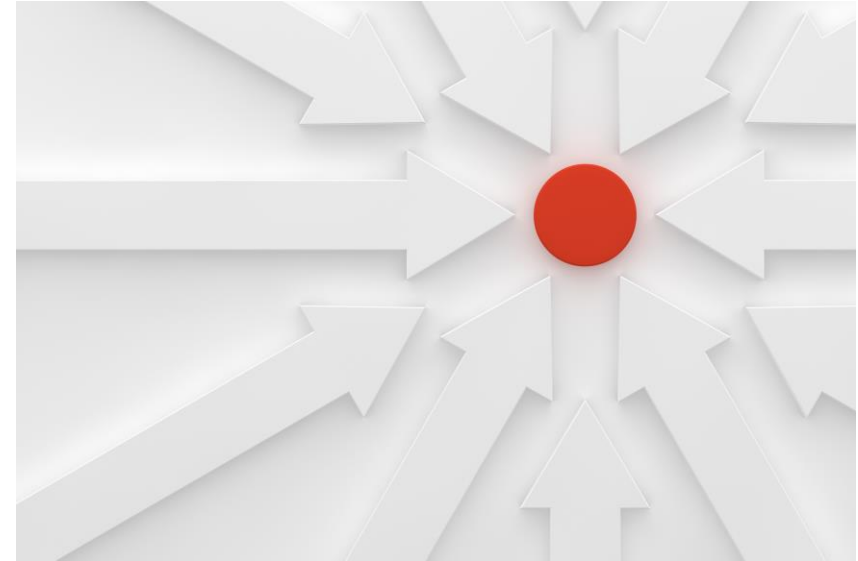
What do you think?

Do the survey results sound familiar or surprise you?

What concerns you?

What do you wish was available?

What would make Kitsap more welcoming for all?



Thank You

Questions and Comments

Kitsap County Division of Aging & Long-Term Care

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